

## Home Care Services for Seniors

### Are you looking for home care services for yourself or a loved one?

**Cascade Connections Home Care** provides in-home personal care services. By providing compassionate, competent care, we help extend independent living while promoting physical and mental well-being. It is our goal to enhance the quality of life for each and every person we serve.

#### Services We Provide:

##### Personal Care

- Transferring
- Bathing
- Dressing
- Eating
- Toileting
- Personal hygiene
- Medication reminder

##### Housekeeping

- Ordinary housework
- Essential shopping
- Meal preparation
- Travel to medical services and appointments

##### Companion Care

- Caring support and conversation
- Help with hobbies (scrapbooking, gardening, playing games, reading, arts and crafts, etc.)
- Shopping and errands
- Transportation and appointments

##### Alzheimer's and Dementia Care

- Customized care plans
- Constant monitoring
- Medication supervision
- Supportive communication
- Promoting a positive environment
- Meaningful activities

Cascade Connections cannot provide any services that require nurse delegation, including medication administration.



#### Cost (Minimum shift length is 1 hour):

- Weekdays/Weekends: \$45.00/hr.
- Holidays: \$67.50/hr.

#### Contact Us:

Give us a call at **360-594-4216**. We would love to answer your questions and set up a personal appointment with our program director.

# About Our Program

The **Cascade Connections Home Care** program was created in 2002 to improve quality of life for individuals with disabilities in our community. At its outset, the program served only adults with developmental disability diagnoses. In 2009, the agency extended its services to individuals with traumatic brain injury (TBI) and to children with developmental disabilities. In 2014, we began offering services to seniors through private pay.

## Our Home Care Aides

Our caring and compassionate home care aides are thoroughly screened and trained to ensure that the people we serve receive the highest standard of care. Our rigorous screening processes include interviews, reference checks, background checks, and driving abstracts. In addition, we are a drug-free workplace that requires staff to pass random drug testing.

Our home care aides must hold current Home Care Aide (HCA) licenses and possess the following knowledge and skills:

- First Aid/CPR/AED certificate
- HIV/AIDS training
- Safety training – Basic safety precautions, emergency procedures, and infection control
- Drug awareness

HCAs continually enhance their knowledge through various continuing education training courses that our accredited training facility provides throughout the year.



## How Do I Get Services?

### 1 CALL US: 360-594-4216

- Get answers to your questions
- Arrange a time to meet with our program director



### 2 CONFIDENTIAL ASSESSMENT

- Get a free, no-obligation assessment
- Meet with us at your home so we can learn about your preferences



### 3 INTRODUCTION

- Choose a home care professional who fits your needs
- Create your schedule



### 4 FOLLOW UP

- Receive routine, scheduled check-ins from managers
- Let us know how we can best meet your needs