

Home Care Services for Seniors

Are you looking for home care services for yourself or a loved one? Do you know someone who is searching for in-home services?

Cascade Connections Home Care provides in-home personal care services. By providing compassionate and competent care, we help extend independent living while promoting physical and mental well-being. It is our goal to enhance the quality of life for each and every person we serve. Our caring and compassionate home care professionals are thoroughly screened and trained to ensure that you receive the highest standard of care.

Our Services Include:

Personal Care

- Hygiene assistance
- Medication reminders
- Diet monitoring and meal planning
- Walking and transportation assistance

Housekeeping

- Laundry and cleaning
- Preparing meals and washing dishes
- Pet and plant care

Companion Care

- Caring support and conversation
- Help with hobbies (scrapbooking, gardening, playing games, reading, arts and craft, etc.)
- Shopping and errands
- Transportation and appointments

Alzheimer's and Dementia Care

- Customized care plans
- Constant client monitoring
- Medication supervision
- Supportive communication
- Promoting a positive environment
- Meaningful activities

Cascade Connections cannot provide any services that require nurse delegation, including medication administration.



Cost (Minimum shift length is 1 hour):

(As of January 2021)

- \$34.00/hour on weekdays/weekends
- \$51.00/hour on holidays

Contact Us:

Give us a call at **360-594-4216**. We would love to answer your questions and set up a personal appointment with our program director.

About Our Program

Cascade Connections Home Care was created in 2002 to further the mission of improving the quality of life for individuals with disabilities living in our community. The program started out serving only adults with developmental disability diagnoses. In 2009, the agency began offering services to individuals with traumatic brain injuries (TBI) and to children with developmental disabilities. In 2014, we began offering services to **senior clients** through private pay.

Our Home Care Professionals

Our caring and compassionate home care professionals are thoroughly screened and trained to ensure that you receive the highest standard of care. All staff are screened through a number of processes, including:

- Reference checks
- Background and fingerprint check
- Driving abstracts
- Random drug testing

We require all of our home care professionals to have the following knowledge, certifications, and skills:

- Home Care Aide (HCA) license issued by Washington State
- First Aid/CPR/AED certificate
- HIV/AIDS training
- Safety training – Basic safety precautions, emergency procedures, and infection control
- Drug awareness

Our home care professionals also enhance their knowledge through various continuing education training courses, provided by our accredited training facility throughout the year.

It is our goal to enhance the quality of life for each and every person we serve.

Become a Client

Call Us

- We will answer your questions
- Set up a time for you to meet with our program director



Confidential Assessment

- Free, no obligation assessment
- Meet with you at your home to learn more about your preferences



Introduction

- Find the home care professional who is a good fit and fits your needs
- Create your schedule



Follow Up

- Managers perform routine, scheduled check-ins
- Meeting your needs is our top priority