

# **OUTCOME REPORT 2016**

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# A message from the Executive Director

Cascade Connections mission is to empower individual's with disabilities to enhance their quality of life. In looking back at all of the growth and changes that have occurred over the years it is humbling to remember where we have come from. Cascade Connections began as a dream of a core group of parents. We have now grown into an organization who last year alone served over 249 people.

Over the years we have expanded and grown, but the values in which this agency was founded have not changed. Cascade Connections continues to keep the customers of our organization at the center of every decision that is made. Our staff continue to be our greatest asset and we are committed to ensuring they are trained and have the tools to maintain high quality services.



Executive Director, George Beanblossom, receives a donated car from Hinton Chevrolet Buick. We are blessed. Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.

~Margaret Mead

Our community has continued to provide support and encouragement throughout our years of services. This past year we were able to partner with many new business through two fundraising events, The Hamster Crawl and The Hamster Ball. This was not only a great way to raise funds for our mission, we also were able to raise awareness as well.

Cascade Connections has published our 2016 Outcome report. In this document we will highlight the impact we have made in the lives of people supported by Cascade Connections. When you are involved with the mission of Cascade Connections you know that your support matters to those we serve, our community and our organization. We truly appreciate your commitment to empowering individuals with disabilities to enhance their quality of life. To read the full report visit cascadeconnections.org

Sincerely,

George Beanblossom

# Our Mission

Empowering individuals with disabilities to enhance their quality of life.

# **Our Vision**

We promote opportunities for everyone through community partnership and service excellence.

# Our Customers

Cascade Connections provides residential, vocational and home care services to individuals who have a broad range of skills, interests and abilities.

# **Our Employers**

Cascade Connections is committed to providing Whatcom County with highly valuable applicants who add to the diversity and value of businesses. We pride ourselves in being a resource to local employers on disability related issues.

# 2016 At a Glance

## **Residential Programs:**

Cascade Christian Home: 8 residents Supported Living –Lynden: 16 residents Supported Living – Bellingham: 7 residents Pine Street Adult Family Home: 6 residents

## Home Care Services: 54 customers

**Training Department:** 

Total Students: 355

Total training hours: 11,095

**Vocational Services:** 

Vocational Rehabilitation customers: 56 Long-term services customers: 102



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#### RESIDENTIAL



Supported Living customer Fran shows Susannah Frame around her apartment. Experts say Washington is decades behind the times when it comes to its treatment of some of its most vulnerable citizens -people with developmental disabilities. In Washington, more people with these disabilities -- conditions like autism, cerebral palsy, and Down syndrome -- are institutionalized than in most other states. That bucks a decades-long trend to stop the segregation of people with developmental and intellectual disabilities. The series by reporter Susannah Frame looks at the personal, financial, legal and public policy implications of the continued segregation of this population:

Until the early 1970s, people with developmental disabilities

were systematically warehoused – cut off from society in institutions where cages, strait jackets, and beatings were the norm. The institutions have changed for the better, with dedicated staff providing a full range of services to residents. But instead of continuing to operate four large facilities, evidence from other states shows Washington should focus on integrating these residents into community settings. Cascade Connections is proud to be a part of the solution.

King 5 news featured many segments in regards to institutions. Cascade Connections has always been committed to support people to live in our community. King 5 was there to capture the transition from institution into the community living with our newest customer Shawn. Shawn now lives in his own home in Lynden and is enjoying having a life with support to achieve his goals and dreams.



Shawn is enjoying his new home and support from Cascade Connections supported living program.



"Caregiver" s for Heather are like big sisters or aunts "

Heather is a happy teenager with a fabulous family who need a little support and Cascade Connections Home Care is happy to provide that support. Heather's mother de-

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HOME CARE

scribes Cascade Connections staff, "Caregivers for Heather are like big sisters or aunts that come and hang out with her. Honestly, she is like any other teenage girl

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who pretty much gets tired of having her mom around too much!" Heather loves having books read to her and doing five puzzles at once with someone next to her. She likes to take a caregiver to her room and sit on the bed and 'talk' about life – just like a typical teenager. Other highlights for her have been going to the library and exploring through lots of books, carving pumpkins or making cookies, and going to

Edaleen Dairy for vanilla milkshakes with her favorite caregiver coming with us next to her in the car.

"I feel our caregivers go above and beyond every shift as they have made themselves an integral part of our lives. Their attitudes are positive and they truly desire to help Heather and our family

in whatever way they can. I have found my dishes done and kitchen clean because 'Heather helped me do it.' Both of our current regular caregivers have patiently sat with Heather for an hour or more during a seizure episode, talking gently to her, stroking her hair, and watching for her safety. They love her and she adores them. Every day, the first thing Heather talks about is who is coming today and she is very upset if there is no caregiver on the schedule!"



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VOCATIONAL

# Vocational Rehabilitation Ser-

#### <u>vices</u>

Customers referred by Division of Vocational Rehabilitation (DVR) & contract for short term services including:

- Independent living skills
- Community based assessments
- Job placement
- Retention services

## <u>Outcomes</u>



Michael at Bellingham Promotional

Total Number of Participants Served  $\Rightarrow$  54 Total Contracts Completed: 83 Average Starting Wage: \$10.91 Average Starting Weekly hours: 14.5

#### Average days per type of contract:

Community Based Assessment: 38 days Job Placement Services: 140 days Job Retention Services: 94 days



Jordan at the Rusty Wagon CASCADE CONNECTIONS opportunities for everyone

# NEW JOBS CREATED

Number of jobs created in 2016:52

Cascade has created a total of 829 jobs since 1994



Isaac filling paper while on the job at Anvil Corporation

Long term Vocational Services

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Customers with developmental disabilities receive long term vocational services including:

- Discovery
- Job preparation
- Job development
- Job coaching
- Retention services

#### <u>Outcomes</u>

<u>Total Number of Participants</u>  $\Rightarrow$  100 <u>Total Wages Earned</u>  $\Rightarrow$  \$256,847 <u>Total Hours Worked</u>  $\Rightarrow$  21,562



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#### VOCATIONAL

## **Contracted Services**

Cascade Connections employs individuals with disabilities on mobile custodial crews and enclaves throughout Whatcom County. These crews provide long term employment for many participants. In 2016 CVS contracted with the following locations:

- ⇒ Barkley Company
- $\Rightarrow$  Bellingham Food Bank
- $\Rightarrow$  City of Bellingham
- ⇒ Developmental Disabilities Administration
- ⇒ Department of Homeland Security
- $\Rightarrow$  First Christian Church
- $\Rightarrow$  Flowserve
- $\Rightarrow$  General Services Administration
- $\Rightarrow$  Landmark Property Management
- $\Rightarrow$  Max Higbee Center
- $\Rightarrow$  Northwest Health Care Linen
- $\Rightarrow$  Opportunity Council



## <u>Outcomes</u>

Total Employed by CC contracted services  $\Rightarrow$  66 Total Hours Worked by CC crew employees  $\Rightarrow$  24,595 Total Wages Earned by CC crew employees  $\Rightarrow$  \$401,720 CASCADE CONNECTIONS opportunities for everyone

#### TRAINING

## **Training Services**

#### 2016 Outcomes

Number of Cascade Connections employees who received training  $\Rightarrow$  259

Total number of individuals from other agencies  $\Rightarrow$  79

Total number of families/ individuals  $\Rightarrow$  17

Cascade Connections created a training department in January 2012. Since that time the trainers of Cascade Connections have become some

of the best in the State of Washington.

Total Training hours  $\Rightarrow$  11,095

#### Prometric Testing

Cascade Connections hosted 38 testing dates in 2016





#### Thank You to our Community Partners!

**Dalquist Kitchen** 

Department of Homeland Security

**12th Street Chsoes** A Child's Life learning Center Acme General Store Affordable Auto AHA Childcare Center Allignment and Brakes Plus Anvil **Anytime Fitness Appel Cheese** Applebee's Bellingham Arts Academy for Youth **Bellingham Baptist Church** Bellingham Boys and Girls Club Bellingham Central Lion's Club Bellingham Childcare and Learning Cen-Bellingham Food bank Bellingham Healthcare and Rehabilitation **Bellingham Promotional Products** Bellingham Public Library Bellingham Senior Center Bellingham Technical College Benjamin's Hair Salon Big 5 **Big Fresh Big Lots Blaine Library** Bookkeeping Solution NW Brigid Collins Family Support Center Burlington Christ the King City of Bellingham Community Food Coop **Connections Speech language Pathology Conservation Northwest** Cornwall Church Cost Cutter Costco

**Developmental Disabilities Administration** Downtown Bellingham Partnership ECig Express **Endless Potential Evergreen Supported Living Everson Auction Market Everson Market** Faith Life Fanatik Bikes Fast Cap Ferndale Library Ferndale Senior Center Film is Truth First American Title Co. First Baptist Church First Christian Church First Congretional Church Five Guys Burger and Fries Flax 4 Life Fred Meyer General Services Administration **Glacierview Animal Hospital** Goodwill Green Acres Memorial Green Barn Grocery Outlet Haggen Food & Pharmacy Hardware Sales Healthcare Services Group Hearing Speech and Deafness Center Hertco Kitchens Homestead Golf and Country Club Hope House Hope in Christ Kelly's O'Deli

Kia Smith **Kids World Northwest** Kmart Landmark Property Management Launching Success Learning Store Leaps and Bounds Preschool Life Cycle Pet Cremation Life Impact Church Lynden Door Lynden Food Pavillion Mad Cat Salsa Management Services Northwest Marshall's **McDonalds MGM** Solutions Millard Mall Services Northwest Health Care Linen Office Max Old Navy **Opportunity Council Pacific Security Pegasus Trucking Pickford Theater** Rebound of Whatcom County ReStore **Ricoh USA Rover Stay Over Rudes** Auto Rusty Wagon Safeway- Lynden Salvation Army

Samuel's Furniture Saratoga Property Management Saturna Capital Senate Smoke Shops Senior Support Services Soy House St. James Prebyterian Stampadoodle Terra Organic Thai House The Soy House TIMAxx **Tonja's Treasures** Trapezer Café United Church of Ferndale United Church of Ferndale Unity Spriitual Center **Unlimited Services** Walgreens Walgreens Walmart We Care Whatcom Alzheimer's Society Whatcom Community College Woodway Senior Living WorkSource WWU Maintenance Department YMCA of Bellingham Youngstock's Produce



# Thank You from Everyone at Cascade Connections!